



Beats and Breaths Academy Ltd.

www.beatsandbreathsacademy.com

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IEB Path to Success Workshop – 2 days

The workshop Objectives:

- a) Individual knowledge assessment
- b) Practice gap in nursing
- c) Identifying limitations in skills and knowledge
- d) Teaching Alberta health care workforce
- e) Hospital unit expectations for nurses
 - f) Teaching policy, procedures, and links. How to read and learn from resources
- g) Importance of continuing education
- h) Specialized nursing skills fact
- i) Goals of care (GOC)
- j) RLS/Safety net
- k) Union and organizational knowledge
- l) Scope of practice difference compared to Canada and international workplace
- m) Workplace safety and unit culture
- n) Understanding culture and values
- o) Understanding the Code of ethics and standard of practice
- p) Commonly used equipment in hospital
- q) Parenteral manual use and Drug monogram interpretation
- r) Time management
- s) BASIC nursing skills hands-on practice
 - IV insertion (Manikin)
 - NG insertion (Manikin)
 - Foley insertion Male/Female (Manikin)
 - Alaris pump priming OSCE

Special speakers from other organizations according to the availability or recording

- Resume and job application process
- Interview tips
- Tips to Success



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Physical assessment and critical lab values – 1 day

Workshop Objectives:

- a) Hand over report
- b) Room Safety checks
- c) Isolation and precautions
- d) Assessment and time management
- e) Physical assessment (Head to Toe)
- f) Anatomy and physiology review
- g) Abnormal findings and interpretation
 - Lung assessment
 - Heart Sounds
 - Skin assessment
 - AVPU
 - GCS
 - Chest tube PIV/central lines
- h) Communication
 - Nurse – patient
 - Nurse – in-charge
 - Nurse – Physician
 - Nurse – family
 - Nurse – Interdisciplinary team
- i) Critical lab value interpretation
- j) Sim lab
- k) Code Blue
- l) RAPID response/MET team